

# EASY & DELICIOUS SCHOOL MEALS

#### Powering the potential of every student is our passion

At Aramark Student Nutrition, we believe that nutrient-packed, delicious meals fuel students for success. Our teams work tirelessly to ensure that students have access to fresh, craveable meals through creative recipes, conveniently served. Seasonal menus feature special promotions and partnerships with trusted brands to provide an everchanging selection

of exciting meals. We are looking forward to serving each and every student throughout the upcoming school year!



#### **Meet your Aramark Student Nutrition Team:**

Thomas Heagerty: Director
Email: theagerty@lockportschools.net
 Patty Noonan: Office Manager
Email: pnoonan@lockportschools.net

2023-24 Meal Prices:

**Breakfast** 

**Elementary: FREE** 

Middle: FREE

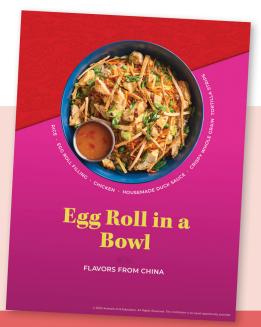
**High: FREE** 

Lunch

**Elementary:** FREE

**Middle FREE** 

**High: FREE** 



#### What's Cooking?

Bookmark this page for quick access to breakfast and lunch menus: Nutrislice | Lockport City SD

### Pay for Snacks and Extras Through My School Bucks Account MySchoolBucks

Quick and easy payment for school meals and a la carte purchases

- Ability to track purchases
- Receive low-balance reminders
- Option to automatically reload account funds (copy and paste website address of My School Bucks, or other, app here, and add QR code if possible)

For additional details regarding Student Nutrition, visit Food Service / Welcome (lockportschools.org)

#### Where can I find menus?

You can access the breakfast and lunch menu at <a href="Nutrislice">Nutrislice</a> | Lockport City SD

## Frequently Asked Questions

#### What does a full meal include?

Breakfast menus offer a variety of entrees, fruit and milk selections daily. A student must take at least ½-cup fruit and two other items to make a meal.

Lunch menus include entrée choices ranging from hot feature items, grill favorites, vegetarian offerings, pizza, and more. School meals are delicious and nutritious, providing protein and grains, along with milk, fresh fruits and vegetables. o ensure balanced nutrition, students must take at least 1/2 cup of fruit OR vegetable plus two other foods (selecting from protein, grains, milk, fruit and vegetable) for a reimbursable meal when a choice is offered.

#### Will Student Nutrition accommodate my child's food allergy?

Food options are available that are made without the top nine allergens (wheat, egg, milk, soy, fish, shellfish, peanuts, tree nuts, sesame) and gluten. If your child accommodation in the cafeteria, please contact: Patty Noonan 716-478-4805 req pnoonan@lockportschools.net

#### Is breakfast available for my child?

Breakfast is available at all schools. Check with your school's website for serving times.

For questions about the Student Nutrition program:

Please contact us at

theagerty@lockportschools.net