



# Lockport City School District

## Health Services Information

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**Health Office:** Please inform the nurse if your child has any contagious illness, taking any medication, or has other health related needs.

**Emergency forms:** Please complete an emergency form for your child to provide us with updated contact information in the event of an illness or injury. Please indicate a phone number where you or your designee may be reached during the school day.

**Pupil Absences/Early Release:** Please call our nurse.

Absences and early release require a written note from the parent/guardian. Students should be signed out at the office by the parent/guardian or their designee.

**Physical Education /Recess Excuses:** Students can be excused from physical education for one day with a note from their parent/guardian. More than one day requires a note from their physician. Any student who is excluded from physical education is also excluded from recess and interscholastic sports.

**Medications:** The New York State Education Department has specific regulations for the administration of medication. The school will not give ANY medication, prescription or over-the-counter, without written authorization from a licensed prescriber and a parent/guardian. The medicine must be in an originally labeled container or prescription bottle. New York State dispensing regulations have recently changed related to medications necessary during field trips and school-sponsored events. You will need to supply an individual dose of the medication in the original labeled container by the pharmacy. Please plan accordingly. All medication orders expire at the end of the school year.

**Contagious Diseases:** If your child is diagnosed as having a contagious illness (i.e. Measles, Whooping Cough, Chicken Pox, Strep Throat, pink eye), please inform your school nurse. A student will be sent home from school if found to have symptoms of a contagious illness. A physician's note is requested to return to school.

**Doctor's Notes:** Doctor's notes are required for the following:

- Crutches, ace bandages, splints or other special equipment.
- Extended absences/illness (longer than 5 days)
- Hospitalization
- Physical education restrictions

**School Physicals:** New York State Education law requires that a physical examination be completed at certain grades (Kindergarten, 1st, 3rd, 5th, 7th, 9th and 11th grade, and for every new entrant to a school). Body Mass Index (BMI) and weight status category will be shared in a survey dictated by the Department of Health to develop a report of childhood obesity. Please have your physician complete, sign, and return the physical form.

**Screening:** Students are screened for vision, hearing and scoliosis with regard to every student's privacy and comfort. If a concern is identified you will receive a referral letter for your physician to evaluate the finding. Refusal to have any portion of the health screening conducted should be indicated in writing to the building principal. Parents will be notified when a student fails screening.

**Dental Health Certificates:** We are required to request dental health certificates for each new student, as well as students in grades K, 1, 3, 5, 7, 9 and 11. A complete listing of local area dentists is available from the Eighth District Dental Society of Western New York, at [www.8thdistrictdental.org](http://www.8thdistrictdental.org) or (716) 995-6300.

**Health Updates:** Please notify the health office of changes in your child's health status re: illnesses, surgeries, prescribed medications, allergies, and vaccine boosters, etc.

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Health Services Department information and school nurse listing can be found on our website: [www.lockportschools.org/healthservices](http://www.lockportschools.org/healthservices)

School Health Office information for each school is located on the school website under  
Our School>Health Office