## **Lockport City School District** 2019 - 2020

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## **Informed Consent and Assumption of Risk Agreement**

Name:	Phone:					
Address:						
Date of Bir	rth:		Gender:			
Emergency	Contact:					
Emergency	y Contact Phone:					
Are You:	Student	Faculty/Staff	Community Member	(Circle One)		
per person				estand there is a fee of *\$25.00 ully understand it, and agree to		
Initial						
1.	I hereby acknowledge that I have obtained medical clearance from my physician for use of the fitness room's equipment and participation in the fitness room exercise activities. I further understand that I will be solely responsible for monitoring the manner and intensity of my use of the fitness room's equipment and exercise program, and will do so in a way which will not jeopardize my health, safety or physical well being, or the health, safety or well being of other fitness room users. In particular, I agree that I am solely responsible for complying with my restrictions identified by my physician as to use of the equipment or participation in exercise activities. I further agree that if any circumstances occur which would impact my physician's medical clearance, I will notify the District and my physician of the circumstance.					
2.	I agree to follow all directions of the fitness room supervisor and acknowledge that failure to follow such directions may result in the termination of my privilege to use the fitness room.					
3.	I understand that the supervision of the fitness room provided by the District is general in nature and the fitness room supervisor is not responsible for supervising or monitoring the manner or intensity of my use of the equipment or participation in exercise activities.					
4.	I hereby acknowledge that my use of the District's fitness room involves risks of serious personal injury or death, including injuries to bones, muscles, tendons and ligaments, dehydration, abnormal blood pressure, fainting and heart disorders (including heart attacks), and any other personal injuries that may occur with strenuous physical activity. Based on the foregoing, I assume all risks associated with my use of the District's fitness room.					
5.	capacities, its emple	oyees and supervisors for al	l claims (of any nature) relating	ooth their corporate and individual to my use of the District's fitness mage to or loss of personal items.		
User's Signature			Date			
		user's parent or guardian m rein on behalf of the user.	oust also sign this form as ackno	wledgement and acceptance of the		
Signature of user's Parent/Guardian		Date				