



April

2021

Harvest of the Month

Field Greens

What's fresher than greens? In April we can begin to see all the growing things waken from the winter. Field greens are some of the first hardy, healthy foods to arrive on the scene each spring! This month Taste Testers will enjoy a vitamin packed *Green Goodness Smoothie* made from fresh greens, apples, and bananas. A *Field Green Side Salad* will accompany our main entrees all week and bring a healthy dose of spring right along with it!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
	Menu: Field Green Side Salad	Taste Test @ 2 nd & 5 th Grades: Green Goodness Smoothie	Menu: Field Green Side Salad	Menu: Field Green Side Salad	Taste Test @ 2 nd & 5 th Grades: Green Goodness Smoothie	
25	26	27	28	29	30	